**Cottesmore Pony Club Tetrathlon and Triathlon**

**Saturday 24th and Sunday 25th May 2025**

**Triathlon (Saturday 24th) Kilburn Road, Oakham, Rutland, LE156QL (swim only) and Brooke Priory Primary School (shoot and run)** **Station Approach, Oakham, Rutland LE15 6QW**

 **XC phase (by kind permission of Mr. and Mrs. William Cross) Hill Top Farm, Braunston, Oakham**

**Sponsored by:**

**Daniel Moulds Plumbing and Heating**

**Classes:**

 **Dinky Beanies triathlon (swimming widths, swim aids allowed)**

**Big Beanies triathlon (swimming lengths, no swim aids, outside lanes cannot be offered/guaranteed)**

**Dinky Beanies Tetrathlon (see swim details above)**

**Big Beanies tetrathlon (see swim details above)**

**Tadpoles triathlon**

**Tadpoles tetrathlon (this year over a shortened course in 1 field)**

**Mini girls triathlon**

**Mini boys triathlon**

**Mini girls tetrathlon**

**Mini boys tetrathlon**

**Junior girls triathlon**

**Junior girls tetrathlon**

**Junior boys triathlon**

**Junior boys tetrathlon**

**Open girls triathlon**

**Open girls tetrathlon**

**Open boys triathlon**

**Open boys tetrathlon**

All entries via Horse Events. Entry fee £40 per competitor for the main Tetrathlon, £30 for Beanie Tetrathlon (reflecting the fact that they jump a course of sj and not a XC course) and £22 for the triathlon. If sufficient competitors, we will separate the beanies, tadpoles and both mini Tet classes into boys and girls. Teams will consist of 4 members in each class – best 3 scores to count. We will endeavour to put spare individuals into teams. There will be no teams in classes where there are 8 or fewer competitors.

**Rules :** Pony Club Tetrathlon Rules 2025. Age on 1st January 2025. Minimum age of competitor is 4 years on 1st January 2025

 Times will be available from Thursday 22nd May from 7pm.

**Notes**

Please can each Pony Club Branch / Centre allocate a Team Manager. The Team Manager should collect the envelope from the organisers’ table and they should distribute to their competitors. On the day there will be no secretary, but a table with information packs will be available to collect shoot cards etc. Numbers for riding must be printed at home: 3 copies, 2 for riding and 1 for car windscreen.

**Shooting**

 All competitors are to wear the regulation clothing and safety glasses. The organisers reserve the right to refuse entry to competitors wearing incorrect clothing. Please can all competitors and/or their helpers ensure they are confident with loading and shooting their guns and how to deal with issues. We do not have spare gas on site for gas guns – it is your responsibility to bring this.

 **Riding**

Please bring your own cross-country bibs and print off your own numbers.

 Course Sizes: Tadpole 60cm (around a shortened course in 1 field), Minis 80cm, Junior 90cm and Open 1m. Tetrathlon riders may drop down a course size but will incur 500 penalties. The Secretary must be informed of any drop down in course size by 5pm on Thursday 22nd May at the latest. There is a separate Beanies knock down XC course within an arena to encourage younger members, maximum height 40cm. Riders may be helped, but all forms of help and outside assistance will incur up to 300 penalties. It will be at the discretion of the judges (no appeal) whether and what level penalty will be applied. Knocked down fences and refusals in the Beanie class will incur a 50 point penalty. The XC courses will be available to view on Saturday 24th May from 10am.

**Swimming**

Beanies will be split into big and dinky beanies. Big Beanies must be able to swim a full 25m unaided and without needing an outside lane. Dinky beanies will swim widths and there will be no lanes. Dinky Beanie swimmers may use swim aids but those who do will be awarded maximum points score of 25m distance swam. **PLEASE NOTE** the pool is not available for use until 1pm so everyone will swim last. The whole day is likely to start later and go on for longer. We apologise for this but it is unavoidable. Sadly, we cannot offer outside lanes for swimming. This is due to health and safety concerns raised by the pool at our last triathlon and times constraints.

**Running**

Runners will be set off at 1 minute intervals on the day. A start time for each class will be given rather than individual start times. Running will run in number order. Please make sure you arrive ready for the start of your running section.

**Live scoring and rosettes**

Live scoring will be available on both days via pony club results.

There will be a triathlon prize giving on the Saturday, those in the Tetrathlon will be automatically entered in the triathlon. There will be a second prizegiving on the Sunday for the tetrathlon.

**Passports and Vaccinations**

 Equine Influenza- all horses must be vaccinated, and random spot checks will be made.

Dogs are not permitted on either day.

 A catering van will be available.

Neither the Owners, Organisers, nor any person acting on their behalf accept any liability for any loss, damage, accident, injury or illness to competitors, spectators or any other person or property. Health and Safety. The Organisers of this event have taken reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organisers and all the Officials and Stewards.

**Queries and Questions**

For any further queries or questions please email cottesmoretet@gmail.com or in the last instance call 07398785202

The competition is intended to be fun and relaxed, if you are unsure of anything please ask and we will endeavour to help!